KIDMAN PARK PRIMARY CANTEEN MENU
Term 1, 2015

RECESS
- Apple Slinky (own apple) ............. FREE
- Banana & Custard Cups ............. $1.60
- C Sticks (carrot/celery/cucumber) ... $0.40
- Cookies .................................. $0.70
- Fruit Cups ................................ $0.50
- Hash Browns .......................... $0.50
- JJ Snacks ............................. $1.20
- Jumpys ................................. $1.00
- Koala Popcorn ....................... $1.20
- Red Rock Chips ..................... $1.00
- Seasonal Fruit ......................... $0.50

SANDWICHES & ROLLS
Sandwiches are wholemeal and Rolls are white unless specified

<table>
<thead>
<tr>
<th></th>
<th>SANDWICH</th>
<th>ROLL</th>
<th>SANDWICH</th>
<th>ROLL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese</td>
<td>$2.00</td>
<td>$2.20</td>
<td>Ham</td>
<td>$2.50</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>$2.50</td>
<td>$2.70</td>
<td>Ham &amp; Cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Cheese &amp; Salad</td>
<td>$3.20</td>
<td>$3.40</td>
<td>Ham, Cheese &amp; Tomato</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken</td>
<td>$2.50</td>
<td>$2.70</td>
<td>Ham &amp; Salad</td>
<td>$3.60</td>
</tr>
<tr>
<td>Chicken &amp; Cheese</td>
<td>$3.00</td>
<td>$3.20</td>
<td>Ham, Cheese &amp; Salad</td>
<td>$3.80</td>
</tr>
<tr>
<td>Chicken &amp; Salad</td>
<td>$3.60</td>
<td>$3.80</td>
<td>Salad</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken, Cheese &amp; Salad</td>
<td>$3.80</td>
<td>$4.00</td>
<td>Tuna &amp; Lettuce</td>
<td>$3.50</td>
</tr>
<tr>
<td>Egg &amp; Lettuce</td>
<td>$3.50</td>
<td>$3.70</td>
<td>Vegemite</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

(Salad – lettuce, tomato, cucumber, carrot)
Extras =  beetroot……..$0.20  Mayonnaise…….$0.20  Coleslaw……..$0.40

WRAPS
(Salad – lettuce, tomato, cucumber, carrot & mayonnaise)

<table>
<thead>
<tr>
<th></th>
<th>SANDWICH</th>
<th>ROLL</th>
<th>SANDWICH</th>
<th>ROLL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese &amp; Salad</td>
<td>$3.60</td>
<td></td>
<td>Ham &amp; Salad</td>
<td>$4.00</td>
</tr>
<tr>
<td>Chicken (fresh) &amp; Salad</td>
<td>$4.00</td>
<td></td>
<td>Ham, Cheese &amp; Salad</td>
<td>$4.30</td>
</tr>
<tr>
<td>Chicken, Cheese &amp; Salad</td>
<td>$4.30</td>
<td></td>
<td>Salad</td>
<td>$3.30</td>
</tr>
<tr>
<td>Chicken (Crumbed; hot) &amp; Salad</td>
<td>$4.00</td>
<td></td>
<td>Tuna &amp; Salad</td>
<td>$4.00</td>
</tr>
<tr>
<td>Chicken (Crumbed; hot) &amp; cheese</td>
<td>$3.40</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SALAD BOXES
(Salad – lettuce, tomato, cucumber, carrot, celery & cheese)

<table>
<thead>
<tr>
<th></th>
<th>SANDWICH</th>
<th>ROLL</th>
<th>SANDWICH</th>
<th>ROLL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad</td>
<td>$3.50</td>
<td></td>
<td>Ham &amp; Salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Egg &amp; Salad</td>
<td>$4.50</td>
<td></td>
<td>Tuna &amp; Salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken &amp; Salad</td>
<td>$4.50</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

choice of Mayonnaise OR Italian salad dressing

 себеHealthiest Choices
HOT FOODS

- Baked Potato with cheese .......... $2.80
- Baked Potato with the lot (cheese, ham, beetroot, corn, coleslaw & sour cream) .............. $4.20
- Balfours Beef Pie (better bite) ........... $3.70
- Balfours Pasty (better bite) ............ $3.70
- Beef Burger with salad & sauce .......... $4.00
- Cheeseburger with salad & sauce ........ $4.10
- Chicken Burger with salad & mayo ....... $4.00
- Chicken Nuggets (each) .................. $0.70
- Fish Fillet Burger with lettuce & mayo ... $4.00
- Fish Fillet, Wedges & tartare sauce ....... $5.00
- Fried Rice ................................ $4.20
- Garlic Bread ................................ $1.50
- Hot Dog ..................................... $3.20
- Hot Dog with cheese...................... $3.50
- Hot Dog in bread ......................... $2.70
- Hot Dog in bread with cheese ........... $3.00
- Jnr Beef Pie (better bite) ............... $2.70
- Macaroni & Cheese ....................... $4.20
- Lasagne .................................... $4.20
- Noodles in a Cup – Chicken or Beef .... $2.50
- Small Sausage Roll ....................... $1.20
- Spaghetti & Meatballs ................... $4.20
- Vegie Burger with salad & sauce ....... $4.00
- Wedges ..................................... $2.60

EXTRAS

- Tomato sauce, Tartare sauce, Sour Cream, Sweet Chilli sauce ...................... $0.20

TOASTIES

<table>
<thead>
<tr>
<th>SANDWICH</th>
<th>ROLL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese ..........</td>
<td>$2.20</td>
</tr>
<tr>
<td>Cheese and Tomato</td>
<td>$2.70</td>
</tr>
<tr>
<td>Ham and Cheese ...</td>
<td>$3.20</td>
</tr>
</tbody>
</table>

MEAL DEALS – Everyday!

- Beef Burger & flavoured Milk ......................... $6.00
- Chicken, cheese and salad roll & flavoured Milk .... $6.00
- Chicken (crumbed) and salad wrap & Spring Water .... $5.00
- Macaroni & Cheese & Spring Water .................... $5.50
- Ham & Cheese Toastie & Fruit Juice .................. $5.00
- Hot Dog & Fruit Juice................................ $5.00

DRINKS

- Flavoured Milk (Strawberry/ Choc) .... $2.20
- Juice (Apple, Apple & Blackcurrent, ... Orange) .................. $2.00
- Spring Water .................................. $1.50
- Up & Go (Banana & Vanilla) ............. $2.20

FROZEN TREATS

- Fandangles/ Paddle Pops ............... $1.50
- Icypole/ Lifesavers ....................... $1.00
- Moosies .................................. $1.00
- Quelch ..................................... $0.60
- Slushies .................................. $1.50
- Vanilla Ice Cream Cup .................. $1.00

LUNCH BAGS= For hygienic reasons, all lunch orders must be sent with a lunch bag. These are available at the canteen or office - 10 for 50c or if you prefer, at your local supermarket. Please write NAME, CLASS & ORDER on your lunch bag.

ALL MENU ITEMS MEET THE RIGHT BITE SCHOOL CANTEEN GUIDELINES